



1018 Tristate Parkway, Gurnee, IL 60031 | 847-856-8573 | office@ultimategymnasticsgurnee.com

**BIRTHDAY PARTY WAIVER**

**ULTIMATE GYMNASTICS**  
Athlete Participation Waiver Form

I am aware that any activity at Ultimate Gymnastics can pose the risk of serious injury and that participation exposes my child to that risk. I affirm that my child is medically qualified to participate and I will instruct my child to follow the coaches' instructions regarding techniques, training and other rules and regulations. I further agree to release, indemnify and hold harmless Ultimate Gymnastics of Gurnee, LLC, its employees, representatives and/or agents from any and all liability for any and all claims, demands, damages, costs, causes of action and expenses, including, but not limited to, reasonable attorney's fees arising from my child's participation in any activities at the gym. This release also allows the gym to use the gymnasts likeness for various reasons including for use in local newspapers, marketing and advertising, and the gym's website. This release and assumption of risk runs to my successors, assigns, heirs, administrators, executors, and any and all members of my family.

**Ultimate Gymnastics Party Rules**

- Please wear comfortable clothing. Belts, buckles, or snaps are dangerous for participants as well as our equipment.
- Participants must be barefoot in the gym. Tights and socks are a hazard and need to be left off or at home.
- Long hair needs to be pulled back and away from the face.
- All jewelry needs to be removed before any activity begins.
- Waivers need to be completed by all families and is necessary to participate.

I agree to abide by and follow the rules of the Ultimate Gymnastics Birthday Party Waiver.

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**PARENT** Printed Name **PARENT** Signature

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**ATHLETE** Printed Name Date

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Address Zip Code

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Phone Email